

Universal precautions

Ottawa, Canadian Public Health Association, 2002

<http://library.catie.ca/PDF/P7/19661e.pdf>

This fact sheet explains, with the help of illustrations, the universal precautions used to prevent the transmission of communicable diseases such as hepatitis B, hepatitis C, and HIV.



Women & HIV : This virus doesn't care about anyone's age, race, culture, orientation, religion or sex.

Ottawa, Canadian Public Health Association, 2006

<http://pubs.cpha.ca/PDF/P33/23061e.pdf>

This pamphlet provides women with information on risky activities, testing, symptoms, pregnancy and childbirth. It illustrates the proper use of condoms and female condoms, and lists provincial HIV/AIDS hotlines.

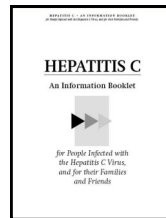


Hepatitis C : An information booklet for people infected with the Hepatitis C virus, and for their families and friends

Canadian Hemophilia Society, 2003

<http://library.catie.ca/PDF/P2/21189.pdf>

Provides information on Hepatitis C and is intended for persons infected with this virus and their families.



Managing your health : a guide for people living with HIV.

Toronto, Canadian AIDS Treatment Information Exchange (CATIE), 2009
Managing Your Health tries to show you how to take action in order to be

as healthy as you can. Currently there is no cure for AIDS, but there are things you can do to perhaps delay the progression of HIV disease and help you stay healthy longer. This book is not meant to tell you everything you'll ever need to know. It is a guide to some of the issues you may find yourself struggling with.



AIDS Vancouver

1107 Seymour Street

Vancouver, BC

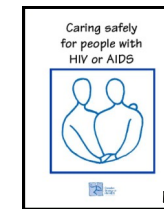
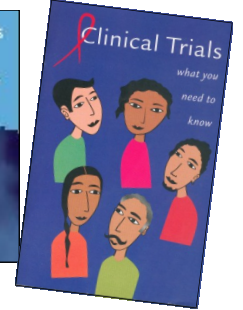
P 604 893 2201

F 604 893 2205

Support Programs 604 696 4691

E support@aidsvancouver.org

www.aidsvancouver.org



HIV Educational Materials

List of brochures available at the Resource Centre

Prevent . Act . Support

www.aidsvancouver.org

You can order copies of these brochures from CATIE's Ordering Center:

<http://orders.catie.ca/index.php?language=en>

Basic facts about HIV & AIDS

Ottawa, Canadian Public Health Association, 2004

<http://pubs.cpha.ca/PDF/P8/21150.pdf>

This bilingual pamphlet contains general information on HIV/AIDS transmission, prevention and testing.



Caring safely for people living with HIV or AIDS

Ottawa, Canadian Public Health Association, 2005

<http://library.catie.ca/PDF/P7/20672e.pdf>

This pamphlet contains information on HIV transmission, as well as infection control measures for caregivers of HIV-positive persons.

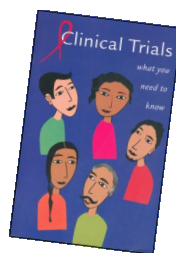


Clinical trials: what you need to know

Ottawa, Canadian AIDS Society & Canadian HIV Trials Network, 2004

<http://www.hivnet.ubc.ca/e/clinicaltrials/pdfs/handbook.pdf>

This booklet aims to give people living with HIV, their families, friends and others some basic information about clinical trials. Its purpose is not to endorse any particular trial or to try to persuade people to participate.



You can have a healthy pregnancy if you are HIV positive

Toronto, Voices of Positive Women & CATIE, 2009

<http://www.catie.ca/pdf/Brochures/pregnancy.pdf>

This booklet covers useful topics such as getting pregnant, having a healthy HIV-negative baby and finding support. (...) This resource targets women with HIV who are pregnant or considering having a baby, but can help any one involved in an HIV-positive pregnancy, from male and female partners to healthcare providers.



Safer Sex menu: Table d'hôte, à la carte or buffet

Ottawa, Canadian Public Health Association, 2005

<http://library.catie.ca/PDF/P7/19667.pdf>

This safer sex booklet is set up like a menu. It explains the types of sexual activity and the level of risk associated with each one.



Oral sex

Ottawa, Canadian Public Health Association, 2006

<http://pubs.cpha.ca/PDF/P36/23212.pdf>

This plain-language pamphlet provides information on how to practice safer oral sex. It illustrates the differences between male and female sexual organs, details the risks for contracting HIV and sexually transmitted infections through oral sex, and lists some pros and cons of getting or giving oral sex.



Serodiscordant relationships

Ottawa, Canadian Public Health Association, 2006

<http://library.catie.ca/PDF/P16/21260e.pdf>

Serodiscordant relationships raise the thorniest set of issues because they must face major concerns about both transmission and caregiving.

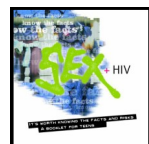


Sex + HIV : It's worth knowing the facts and risks : a booklet for teens

Ottawa, Canadian Public Health Association, 2006

<http://pubs.cpha.ca/PDF/P17/21369e.pdf>

A booklet for teens with information about sex and HIV. It discusses the risks of getting HIV and other STIs through sexual activities. It also includes definitions, quizzes, and on-line resources.



Sex toy stories - A user's guide to HIV and STI prevention

Ottawa, Canadian Public Health Association, 2005

<http://library.catie.ca/PDF/P25/22058.pdf>

This illustrated pamphlet describes the proper care and use of sex toys made from jelly, plastic, rubber, latex, cyberskin, silicone and glass. It talks about how to choose sex toys and how to properly sanitize them to reduce the risk of sexually transmitted infections and HIV.

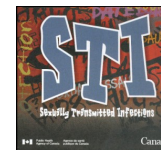


Sexually Transmitted Infections

Ottawa, Public Health Agency of Canada, 2007

<http://library.catie.ca/PDF/ATI-20000s/24801.pdf> (large file!)

This booklet discusses the spread, signs and symptoms, causes, effects and treatments of sexually transmitted infections (STI). The types of STIs covered include: chlamydia, gonorrhea, trichomonas, pubic lice and scabies, genital herpes, genital warts (HPV), hepatitis B, syphilis, and HIV/AIDS. It also includes information on how to use male and

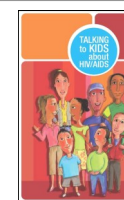


Talking to kids about HIV/AIDS

Ottawa, Canadian Public Health Association, 2005

<http://pubs.cpha.ca/PDF/P25/22195e.pdf>

This bilingual illustrated booklet provides basic facts about HIV and AIDS, and includes suggestions for parents and other significant adults



Living with HIV - Starting points

Toronto, ON, Canadian AIDS Treatment Information Exchange (CATIE), 2008

<http://library.catie.ca/PDF/ATI-20000s/26009.pdf>

An easy-to-read primer on viral load, CD4 counts and healthy living.

